



## STEAK DONENESS CHART

DONENESS	PULL TEMPERATURE	FINAL TEMPERATURE
Rare	48-50 °C (118-122 °F)	52 °C (126 °F)
Medium Rare	52-54 °C (126-129 °F)	56 °C (132 °F)
Medium	56-58 °C (132-136 °F)	60 °C (140 °F)
Medium Well	61-63 °C (142-145 °F)	65 °C (149 °F)
Well Done	67-69 °C (153-156 °F)	71 °C (160 °F)

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